

# The 9<sup>th</sup> Annual AS-U/GRSM Retreat

presents

## "Mind Over Money"

...are you playing with it, or is it playing with you?

Come play with us at the [Ocean Front](#) in Va Bch VA

7 p.m. Friday Oct 15 until noon on Sunday Oct 17

### LET'S GET TOGETHER TO ...

Explore our money hang-ups and kiss them goodbye  
Access our inner powers to get our money thoughts on the right track  
Get relaxed and inspired with guided imagery  
Do some "heavy lifting" to build our prosperity-demonstration muscles  
Come away with a refreshed, renewed, and re-treated attitude  
about money - and about Life!

### IT'S TIME TO GO GREEN!!!

#### ACCOMMODATIONS

Sandbridge is a cool little coastal community at the southern end of Virginia Beach with five miles of sandy shoreline along the Atlantic Ocean. It's a perfect place to wake up to gentle sunrises, breathe the salty sea air into your nostrils, and welcome the quiet into your bones. And, that's where we will be convening this year's retreat. A couple of the homes along the oceanfront road will provide plenty of space for our interactive daily sessions as well as comfy, cozy sleeping rooms. AND, as an important part of expanding our prosperity consciousness, we will be enjoying a terrific array of great food - lovingly and skillfully prepared on site.

The weekend is shaping up to be delicious in every way!

SO DROP WHAT YOU'RE DOING AND REGISTER RIGHT NOW!

Name

Phone no(s)

Address

Email addy

The following rates include 2 nites' lodging, 5 \*meals (which account for only a small part of the per/person charge and cannot be adjusted or separated from the weekend rate whether you take advantage of them or not), plus state and local taxes. Directions will be sent to you along with instructions on what to bring when all rooms have been assigned.

My 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> choices of \*\*accommodations in order of preference are as follows...

\_\_\_ 2 single beds-poss lower bunks-the room shared by me & another person \$240 EACH

\_\_\_ 1 double bed, daybed or futon, the room occupied by me alone for \$260

\_\_\_ 1 queen-size bed, the room shared by me & another person for \$240 EACH

\_\_\_ 1 queen-size bed, the room occupied by me alone for \$260

\_\_\_ 1 king-size bed, the room occupied by me & another person for \$240 EACH

\_\_\_ 1 king-size bed, the room occupied by me alone for \$260

\_\_\_ \*I have the following dietary blip that I'd like to have taken into consideration when planning meals: \_\_\_\_\_

\*\*In order to be given priority consideration for room assignments, send your \$50 non-refundable \*\*\*deposit (made out to AS-U/GRSM) AS SOON AS POSSIBLE along with this completed form to:

AS-U/GRSM Retreat c/o Rev Carol Andrix, 4519 N Hamilton Av, Chicago IL 60625

\*\*\*though full payment is not required until Oct 1, payment of all or part of the balance at your earliest opportunity would be greatly appreciated and very helpful in our planning process

FOR FURTHER INFORMATION, YOU CAN WRITE TO CAROL AT ukiah17@gmail.com